

SPRING VALLEY

September 2019

GRADES K-12 MENU

* * * Menu may change * * *

BREAKFAST PRICES x's 20 DAYS

Grades K-12: \$1.85/day or \$37.00/month
 Reduced: \$0.30/day or \$6.00/month
 Adult/Visitor \$2.70/day or \$54.00/month

LUNCH PRICES x's 20 DAYS

Grades K-5: \$2.60/day or \$52.00/month
 Grades 6-12: \$2.90/day or \$58.00/month
 Reduced: \$0.40/day or \$8.00/month
 Milk: \$0.40/day or \$8.00/month
 Adult/Visitor \$3.70/day or \$74.00/month

Pay your food service account on-line.

Spring Valley Schools district home page, Family Access or On-line Payment buttons

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">2</p> <p style="text-align: center;">NO SCHOOL</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">BREAKFAST Breakfast Pizza</p> <p style="text-align: center;">LUNCH ENTREES -Chicken Nuggets -Pizza Rolls</p> <p style="text-align: center;">Sides Sweet Potato Fries Green Beans Applesauce</p>	<p style="text-align: center;">4</p> <p style="text-align: center;">BREAKFAST Pancake Bites</p> <p style="text-align: center;">LUNCH ENTREES -Cheese or Pepperoni Round Pizza -Hot Ham & Cheese Sandwich</p> <p style="text-align: center;">Sides Cauliflower Sliced Peaches</p>	<p style="text-align: center;">5</p> <p style="text-align: center;">BREAKFAST Bacon & Egg Scramble</p> <p style="text-align: center;">LUNCH ENTREES -Cheeseburger -Calzone</p> <p style="text-align: center;">Sides Curley Fries Baked Beans Mixed Fruit</p>	<p style="text-align: center;">6</p> <p style="text-align: center;">BREAKFAST Banana Bread & Smoothie</p> <p style="text-align: center;">LUNCH ENTREES -Italian Dunkers Marinara Sauce -Breaded Chicken Patty</p> <p style="text-align: center;">Sides Peas Pineapple Tidbits</p>
<p style="text-align: center;">9</p> <p style="text-align: center;">BREAKFAST Stuffed Hash Brown</p> <p style="text-align: center;">LUNCH ENTREES -Mini Corn Dogs -Burrito</p> <p style="text-align: center;">Sides Baked Beans Carrots Sliced Pears</p>	<p style="text-align: center;">10</p> <p style="text-align: center;">BREAKFAST Breakfast Pizza</p> <p style="text-align: center;">LUNCH ENTREES -Pizza Crunchers Marinara Sauce -Fish Nuggets</p> <p style="text-align: center;">Sides Broccoli Warm Cinnamon Apple Slices</p>	<p style="text-align: center;">11</p> <p style="text-align: center;">BREAKFAST Pancake Bites</p> <p style="text-align: center;">LUNCH ENTREES -Beef Stroganoff Rotini Noodles -Ham/Cheese Wrap</p> <p style="text-align: center;">Sides Corn Mixed Fruit</p>	<p style="text-align: center;">12</p> <p style="text-align: center;">BREAKFAST Bacon & Egg Scramble</p> <p style="text-align: center;">LUNCH ENTREES -Chicken Caesar Salad Breadstick -Breaded Pork Chop</p> <p style="text-align: center;">Sides Peas Mandarin Oranges</p>	<p style="text-align: center;">13</p> <p style="text-align: center;">BREAKFAST French Toast Bites & Yogurt</p> <p style="text-align: center;">LUNCH ENTREES -Deluxe Nacho's -Peanut Butter & Jelly Cheese Stick</p> <p style="text-align: center;">Sides Mixed Vegetables Sliced Peaches</p>
<p style="text-align: center;">16</p> <p style="text-align: center;">BREAKFAST Oatmeal Chocolate Chip Round</p> <p style="text-align: center;">LUNCH ENTREES -Salisbury Steak Bread -Fish Sticks</p> <p style="text-align: center;">Sides Mashed Potatoes Asparagus Cranberries</p>	<p style="text-align: center;">17</p> <p style="text-align: center;">BREAKFAST Breakfast Pizza</p> <p style="text-align: center;">LUNCH ENTREES -Soft Shell Taco -Pizza</p> <p style="text-align: center;">Sides Refried Beans Spanish Rice Applesauce</p>	<p style="text-align: center;">18</p> <p style="text-align: center;">BREAKFAST Pancake Bites</p> <p style="text-align: center;">LUNCH ENTREES -Chicken ala King Biscuit -Shredded BBQ Pork</p> <p style="text-align: center;">Sides Peas Mandarin Oranges</p>	<p style="text-align: center;">19</p> <p style="text-align: center;">BREAKFAST Bacon & Egg Scramble</p> <p style="text-align: center;">LUNCH ENTREES -Ham and Cheese on Flatbread Sun Chips -Chicken Alfredo Breadstick</p> <p style="text-align: center;">Sides Green Beans Mixed Fruit</p>	<p style="text-align: center;">20</p> <p style="text-align: center;">BREAKFAST Banana Bread & Smoothie</p> <p style="text-align: center;">LUNCH ENTREES -Quesadilla -Ravioli Breadstick</p> <p style="text-align: center;">Sides Carrots Tropical Fruit</p>

* * * This institution is an equal opportunity provider * * *

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>23 BREAKFAST Stuffed Hash Brown</p> <p>LUNCH ENTREES -Baked Potato Diced Ham/Cheese Dinner Roll -Hot Dog</p> <p>Sides Broccoli Applesauce</p>	<p>24 BREAKFAST Breakfast Pizza</p> <p>LUNCH ENTREES -Orange Chicken Rice -Hamburger</p> <p>Sides Corn Pineapple Tidbits</p>	<p>25 BREAKFAST Pancake Bites</p> <p>LUNCH ENTREES -Cardinal Burger -Fruit & Yogurt Plate Muffin</p> <p>Sides Potato Wedges Coleslaw Sliced Pears</p>	<p>26 BREAKFAST Bacon & Egg Scramble</p> <p>LUNCH ENTREES -Popcorn Chicken -Eggroll</p> <p>Sides Rice Pilaf Baked Beans Juice Cup</p>	<p>27 BREAKFAST French Toast Bites & Yogurt</p> <p>LUNCH ENTREES -Cheese Bites -Fish Sandwich</p> <p>Sides Tomato Soup Craisins</p>
<p>30 BREAKFAST Oatmeal Chocolate Chip Round</p> <p>LUNCH ENTREES -French Toast Sausage -Breaded Chicken Patty</p> <p>Sides Hash Brown Rounds Juice Cup</p>	<p>1 BREAKFAST Breakfast Pizza</p> <p>LUNCH ENTREES -Spaghetti Garlic Bread -Fish Sticks</p> <p>Sides Carrots Mandarin Oranges</p>	<p>2 BREAKFAST Pancake Bites</p> <p>LUNCH ENTREES -Teriyaki Chicken Rice -Philly Cheesesteak Sandwich</p> <p>Sides Broccoli Warm Cinnamon Apple Slices</p>	<p>3 BREAKFAST Bacon & Egg Scramble</p> <p>LUNCH ENTREES -BBQ Rib -Brat</p> <p>Sides Baked Beans Corn Sliced Pears</p>	<p>4 BREAKFAST Banana Bread & Smoothie</p> <p>LUNCH ENTREES -Pizza Fries Marinara Sauce -Corndog</p> <p>Sides Cauliflower Sliced Peaches</p>

K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal

K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1% white and 1% chocolate)

K-12 LUNCH: All sandwiches are served with whole grain bun or bread

6-12 LUNCH ALTERNATIVES: 3rd choice item will be posted daily

You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches \$3.00. If we are unable to reach you or leave a message, a letter will be sent.

If your account reaches a negative \$10.00 balance, NO more purchases will be allowed.

You can access your family lunch account through the school web site @ www.springvalley.k12.wi.us. If you have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

***** Mail payments to: School District of Spring Valley, Attn: Food Service, P.O. Box 249, Spring Valley, WI, 54767 *****

Breakfast is served daily at 7:45 am until the first bell rings.



Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.

School Year 2019-2020 applications are now available on our school web site and school offices.

Seasonal Work- Change in Income- Change in Household Numbers

Remember, you may apply or reapply for free or reduced meals at any time during the school year. Applications are available in both school offices, can be mailed to you or printable on-line from our S.V. School District site, www.springvalley.k12.wi.us (District Information-School Board-S.V. District Forms).

Please call or e-mail with any questions.

Amy Fisher

715-778-5551 fishera@springvalley.k12.wi.us

Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.



All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.

Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.

School Year 2018-2019 applications are now available on our school web site and school offices.

Breakfast is served daily at 7:45 am until the first bell rings.

Cold Lunch/Brown Bag Lunch is available from the school kitchen for Field Trips. You will be charged your normal lunch rate. Please let the food service staff know ahead of time when you will need a lunch to go.